

Moving to the Future: Nutrition and Physical Activity Program Planning
Chapter 3: Develop a Nutrition and Physical Activity Plan

References and Resources

- Butterfoss, F.D., & Dunět, D.O. 2005. *State Plan Index: A tool for assessing the quality of state public health plans*. Atlanta, GA: Centers for Disease Control and Prevention.
http://www.cdc.gov/nccdphp/dnpa/obesity/state_programs/pdf/State_Plan_Index_April_2005.pdf (Accessed 3/06).
- Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health; Health Resources and Services Administration, Maternal and Child Health Bureau, Office of Adolescent Health; National Adolescent Health Information Center, University of California, San Francisco. 2004. Getting started. In *Improving the health of adolescents & young adults: A guide for states and communities*. Atlanta, GA: Centers for Disease Control and Prevention.
<http://www.cdc.gov/HealthyYouth/AdolescentHealth/Guide/order.htm> (Accessed 2/06).
- Houston-Harris County Youth nutrition and Fitness Initiative. *Strategic plan for the prevention and treatment of overweight children in Houston- Harris County* (pp. 93-100). Houston, Texas. April 2003. Web site: <http://www.slehc.org> (Accessed 3/06).
- Nagy, J., & Fawcett, S. n.d. An overview of strategic planning or “VMOSA” (Vision, mission, objectives, strategies and action plans). In *Community Tool Box*. Lawrence, KS: Work Group on Health Promotion and Community Development at the University of Kansas.
http://ctb.ku.edu/tools/en/sub_section_main_1085.htm (Accessed 3/06).
- Nagy, J., & Fawcett, S. n.d. Developing an Action Plan. In *Community Toolbox*. Lawrence, KS: Work Group on Health Promotion and Community Development at the University of Kansas.
http://ctb.ku.edu/tools/en/sub_section_tools_1089.htm (Accessed 3/06).
- Probert, K.L., ed. 1996. *Moving to the future: Developing community-based nutrition services*. Washington, DC: Association of State & Territorial Public Health Nutrition Directors.