

Nutrition & Physical Activity Profile Summary Sheet

Review the data you were able to gather on your community. Which indicators are higher than the state average? Which ones are lower? Which indicators have changed over the past few years? In the space below, list potential health, nutrition, and physical activity concerns and strengths based on your review of the objective data gathered. Also list the indicators that need more investigation.

Concerns Among:

Preconceptional Women

Pregnant Women

Infants and Preschool children

School-aged children

Adolescents

Adults

Older Adults

Nutrition and Physical Activity Strengths in the Community:

We Want More Information On:

Do not distribute