

Health Profile Worksheets

Remember to edit any of these pages to meet your needs.

In these worksheets you will consider data on the community’s mortality, morbidity, and health disparities. Many state health agencies have local-level health data available on their website. See the “Data Resources” piece in this chapter for a listing of what some state health agencies have available online.

Life Expectancy in Years

This data is only available at the state level, and is available from your state health department.

Source and Date of Data

Life expectancy for a baby that is born in _____, is:
(Year)

All races and ethnicities	Black or African-American	Hispanic or Latino	Native American	White
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Deaths

Only the leading causes of death are listed in the table below. Blank rows are included for you to add other diseases that your community may be interested in tracking. And, you can easily add or delete rows to this table as needed. This data is available from your state health department.

Verify that rates are age-adjusted. Indicate if rates are per 100,000, 10,000, or 1,000 population.

Source and Date of Data

Rates per _____ population

Mortality Indicators	Community		Community		Community		State
	Year:		Year:		Year:		Yr:
	#	Rate	#	Rate	#	Rate	Rate
Total Deaths							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Heart Disease							
Race or ethnicity:							

Mortality Indicators	Community		Community		Community		State
	Year:		Year:		Year:		Yr:
	#	Rate	#	Rate	#	Rate	Rate
Race or ethnicity:							
Race or ethnicity:							
Cancer							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Breast Cancer							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Cervical Cancer							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Colorectal Cancer							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Lung Cancer							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Prostate Cancer							
Race or ethnicity:							

Mortality Indicators	Community		Community		Community		State
	Year:		Year:		Year:		Yr:
	#	Rate	#	Rate	#	Rate	Rate
Race or ethnicity:							
Race or ethnicity:							
Cerebrovascular Disease							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Unintentional Injury/Accidents							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							

Diseases

This table lists some of the more common diseases in the U.S. population. Blank rows are included for you to add other diseases that your community may be interested in tracking. And, you can easily add or delete rows to this table as needed. This data is available through your state health department.

Verify that rates are age-adjusted. Indicate if rates are per 100,000, 10,000, or 1,000 population.

Source and Date of Data

Rates per _____ population

Disease Morbidity Indicators	Community		Community		Community		State
	Year:		Year:		Year:		Yr:
	#	Rate	#	Rate	#	Rate	Rate
Health Status as fair or poor							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
AIDS							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Asthma							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Arthritis							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							

Disease Morbidity Indicators	Community		Community		Community		State
	Year:		Year:		Year:		Yr:
	#	Rate	#	Rate	#	Rate	Rate
Cardiovascular Disease							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Diabetes							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Hypertension							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Obesity							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Overweight							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							
Race or ethnicity:							

Hospitalizations

Only the leading causes of hospitalization for the nation are listed in the table below. Blank rows are included for you to add other diseases that your community may be interested in tracking. You can easily add or delete rows to this table as needed. Try your state hospital association for this data, or the state health department, and/or work with your local hospital(s).

Verify that rates are age-adjusted. Indicate if rates are per 100,000, 10,000, or 1,000 population.

Source and Date of Data

Rates per _____ population

Hospitalizations Primary Diagnosis	Community		Community		Community		State
	Year:		Year:		Year:		Yr:
	#	Rate	#	Rate	#	Rate	Rate
Heart Disease							
Heart Disease, Acute Myocardial Infarction							
Heart Disease, Coronary Atherosclerosis							
Psychoses							
Pneumonia							
Cancer							
Cerebrovascular Disease							
Diabetes							