

MOVING TO THE FUTURE

DEVELOPING COMMUNITY-BASED SERVICES TO PROMOTE HEALTHY EATING AND PHYSICAL ACTIVITY

PRACTICE-BASED, SKILL-BUILDING TRAININGS

PRESENTED BY THE

ASSOCIATION OF STATE AND TERRITORIAL PUBLIC HEALTH NUTRITION DIRECTORS

- WHO:** Professionals and organizations at the state, local and regional levels interested in building skills and capacity in community-based program planning for improved health outcomes.
- The ASTPHND training team has successfully completed training programs for over 600 health professionals including local directors of health, health administrators, state and local public health nutritionists, health educators, registered dietitians from community hospitals, dietetic internship directors, public health nurses, and community health coalition members.
- WHAT:** A one or two-day, hands-on training program—using case studies and problem-solving activities - on developing community-based services. A training team will tailor the program to meet the needs of your audience. For example, if you want to focus on developing research-based interventions, then the training can be designed to compliment your current efforts.
- WHEN:** At your convenience and for the length of time you deem appropriate. Is there a training schedule already being developed that could incorporate the *Moving to the Future* training?
- WHERE:** You determine the location based on the needs of your training participants.
- HOW:** An experienced training team of ASTPHND members and consultants will work with you to tailor the training session to meet your audience's needs. *Moving to the Future* trainers have participated in all aspects of training from coordinating training needs assessments and logistics in their own state to designing and facilitating stimulating, interactive training for a wide variety of audiences.
- COST:** The cost varies and depends on the needs of training participants. A one-day training that provides an overview of the planning process conducted in one site is \$4,000 and a two-day training that includes skill-building and is customized to state-specific initiatives is \$10,000 Additional costs include travel, lodging and per diem of the training team (typically 2 trainers).

For more information or to schedule a training session, contact:

ASTPHND

PO Box 1001, Johnstown, PA 15907-1001

Phone: 814-255-2829, E-mail: astphnd@aol.com

Here's what training participants have to say about.....

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TRAINING & PUBLICATIONS

“Truly a rewarding experience. I am leaving with a positive attitude, improved planning skills, and practical tools and resources.”

- Local Director of Health, Connecticut

“After this training, I had a better understanding of what is really happening in chronic disease prevention and health promotion and how I can more effectively work with other partners to address nutrition-related health issues. This training addresses the skills and resources needed to effectively work with communities.”

- Public Health Nutritionist, Arkansas

“The strength of this training is the focus on the community-based planning process and how the process can be used by any health professional, any partnership, any public or private organization to assess need, design and evaluate interventions for maximum impact on community health status.”

- Public Health Nutritionist, Missouri

For more information on past or current Moving to the Future training events, contact:

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